

Dear Parent/Guardian,

Stevens Point Orthopedics has implemented an innovative program for our student athletes. This program assists our physicians/athletic trainers in evaluating and treating head injuries (e.g. concussion). In order to better manage concussions sustained by our student athletes, we utilize a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the athlete can safely return to play.

A computerized baseline exam is given to athletes before beginning contact sport practice or competition. Testing can begin at age 12 and should be updated every 2 years through the end of high school or college competition. This non-invasive test is set up in a “video game” type format and takes about 30-45 minutes to complete. It is simple and many athletes even enjoy the challenge of taking the test. Essentially, the baseline ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete will be required to re-take the test. Both the preseason and post injury test data is reviewed by our physicians and can be shared with your family doctor. The test data will help to determine when return-to-play is appropriate and safe for the injured athlete. If we detect an injury of this nature in your child, you will be contacted promptly.

We wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your student-athlete. We are excited to continue this program as it provides the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. Please complete the attached page with the appropriate signatures. If you have any further questions regarding this program please feel free to contact our office at 715-344-0701.

Sincerely,

J.M. Banovetz, MD, PhD



Dr. James Banovetz, PhD  
Dr. Thomas Guse  
Dr. Marcus Haemmerle

Dr. David Henneghan  
Dr. Joshua Troyer  
Dr. Todd Williams

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## **CONSENT FORM**

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program.

**Print Name of Athlete**

**Date of Birth** \_\_\_\_\_

**Sport/School**

**Signature of Athlete**

**Date**

**Signature of Parent**

**Date**