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New Total Joint Replacement Coordinator Joins SPO Joint Coordinator to lead one-of-a-kind “Joint Journey” joint-replacement program

Does the thought of having a total joint replacement scare you? Do you feel like there are so many questions you need answers to? Let SPOs' new joint replacement program take away your fears. Shawn Dombrowski, the new Joint Coordinator at SPO, is in charge of our exclusive “Joint Journey” joint-replacement program. Shawn is excited to be part of the SPO group because, “As a lifelong Stevens Point resident, I know how great SPO is at taking care of its patients and providing exceptional care to our community and it’s wonderful to be part of the team.”

So what does a joint coordinator do, and why is it important for a joint-replacement program to have someone like Shawn?

“I think of my role as a ‘medical concierge’ for patients, assisting them on their journey. It’s a journey that requires assistance. Although joint replacement is a routine surgery, it’s a new experience for the patient. Patients shouldn’t have to go it alone, or have to be shuttled from staff member to staff member. A joint coordinator is a single point of contact who can answer a patient’s questions and provide a framework for them to understand the entire process.”

Shawn personally meets with each joint replacement patient and their “coach” individually two weeks before their surgery. This gives her a chance to get to know the patients and what’s important to them. What are their goals and expectations for their life post-surgery?

During the post-surgery meeting, and in follow-up phone calls, Shawn will address any questions or concerns patients have. Prior to surgery, she’ll also help patients acquire medical equipment—like walkers and canes—and set up their physical-therapy appointments for them.

Finally, one of the more important things Shawn does before surgery is to teach patients how to do muscle strengthening exercises, which should start two weeks before their surgery. These exercises greatly help their recovery process.

“It’s surgery day before you know it. I see patients with their doctors on the day of their surgery, and daily when they’re in the hospital, and then I personally follow up with patients for several

weeks after their surgery. I give patients my cell number so they can directly contact me with questions and concerns. Imagine—no phone tree!”

Last but not least, SPO likes to applaud patients’ joint replacement with a joint celebration. The patient, coaches, doctors, and physical therapists all get together to celebrate their hard work—and their achievement allowing them a more active lifestyle.

Shawn says her job is incredibly rewarding, “I’ve had the opportunity to personally work with more than 1,800 joint-replacement patients in the last seven years. That’s a lot of new joints—and new lives. No other joint replacement program in the area offers this level of individualized care. It’s an honor to be a part of it. I look forward to meeting with you, working with you, and helping you through your own Joint Journey.”

To learn more visit [Joint Journey](#) or like Stevens Point Orthopedics on Facebook for updates about the program. You don’t have to travel this journey alone, trust the expert team at SPO to walk it with you.

ABOUT STEVENS POINT ORTHOPEDICS

Stevens Point Orthopedics (SPO) is on a mission to exceed expectations by providing exceptional patient care in a pleasant and caring atmosphere. Established in 1968, the 5-star PRC award-winning clinic features a team of orthopedic surgeons and physician assistants, physical therapists, athletic trainers and radiology specialists, who together deliver specialized orthopedic, sports medicine, physical therapy and motion analysis services to patients throughout central Wisconsin. Committed to community, Stevens Point



Dr. James Banovetz, PhD
Dr. Thomas Guse
Dr. Marcus Haemmerle

Dr. David Henneghan
Dr. Joshua Troyer
Dr. Todd Williams

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Orthopedics consistently demonstrates this through complimentary sports physicals each summer, school supply drives in the fall, and other engagements throughout the year. For more information, visit stevenspointortho.com to connect with the team, take a virtual tour of our facility, listen to patient testimonials and more.